



## Snowlife - Winter activities:

### Essential information:

Suggestions for towns/villages to stay for those partaking in winter activities include:

Oberjoch – 20 mins from Sonthofen main town.  
Obersdorf – tourist Olympic town, lively, close to 2 large ski areas.  
Sonthofen or surrounding area, inc Hindelang, Rettenberg, Bihlerdorf etc. – more central to select different resorts as and when necessary.

Public transport is available throughout the region however, a car will allow freedom to experience the area fully and to enjoy all it has to offer outside the tuition time.



### Alpine/telemark skiing and snowboarding

Resort areas used may vary depending on ability, conditions and requirements, but some examples include Oberjoch, Nebelhorn, Fellhorn, and Grasgheren.

Depending on the resort daily lift prices vary. Two or Five day passes are offered and you will be advised on arrival on the best option. (Prices in euros €)

	Adult	5-14yr olds	Adult	5-14yrs
Oberjoch	26.50	22.50	(5days) 112.00	67.50
Fellhorn	34.50	26.00	(2days) 66.00*	50.50*
Nebelhorn	32.00	24.50	(* Fellhorn & Nebelhorn resorts included)	

To experience the area fully there is the option to use different resorts should conditions allow.

Nordic ski tuition is also available, with some of the best cross-country “Langlauf” trails in Europe.

There is also the opportunity to take in night skiing at Oberjoch, if conditions allow.

Ski hire will be arranged for you locally using quality equipment, and adventurelifelinks will be present to help ensure correct fitting, helmets are recommended. The hire cost will be €120-150 for 5 days.

### Recommendations

Ensure you have adequate travel insurance to cover skiing and snowboarding, check your policy.  
[www.essentialtravel.co.uk](http://www.essentialtravel.co.uk)

Germany and Austria are within the EU, therefore carry your E111 or EHC card with you for health .  
To apply for your card online [www.ehic.org.uk](http://www.ehic.org.uk)



### Snowshoeing

For an alternative adventure snowshoeing is now on offer in the Allgau region, try one or multiple days.  
Hire of equipment will be €60-80 per 5 days or €15 per day.

We recommend you should bring your own boots with good ankle support, waterproof and warm.  
Should you need to hire these you can hire snowboard boots locally as an alternative.

You will be guided by an International Mountain Leader, an option to overnight in a mountain hut will be offered at the time of booking.