

## ASPIRANT IML COURSE TRAINING PROGRAM (Winter)

The Aspirant IML training course will take place over a three or five day program dependant on client requirements.

The course content may change from day to day due to weather, environmental conditions and client needs but desired aspects of the syllabus will be fully covered.

Daily format will be as follows:

Meet and greet course/day briefing with weather report.

Map orientation and transit to local walking area.

Route briefing.

Day walk: including transceiver work and suitable topics to cover.

Debrief.

The following topics will be covered over the 3/5 days plus any other issues the client may wish to consider.

- Sources of weather reports and interpretation
- Risk assessments and dynamic risk assessments
- Rescue services, insurance and dealing with accidents/incidents
- Language prompts cards
- Maps and guidebooks
- Navigation in an Alpine environment
- Global positioning systems
- Route selection, remits, terrain traps, dealing with client ability
- Leader to client ratios and position of leader in group
- Equipment carried by IML and client
- Types of snowshoes, walking poles, pros & cons for groups, personal preference
- Types of transceiver on the market, pros & cons, quick teaching for novice use
- Basic/advanced movement on snowshoes
- Snow profiles, assessment techniques
- Single and multiple burial searches, transceiver awareness (practised and timed)
- Search techniques, use of probes and shovels
- Good practice IML safety cards/ideas sharing
- Environmental issues
- Flora, fauna, animal tracks, glaciation and geology
- Local history/traditions
- Hut etiquette (overnight stays in a Hut is optional)
- Basic German

adventurelifelinks

[www.adventurelifelinks.com](http://www.adventurelifelinks.com) • [jen@adventurelifelinks.com](mailto:jen@adventurelifelinks.com)

Burgberger Strasse 15 ▪ 87549 Rettenberg ▪ Germany

T: +49 (0) 8327 9319555 ▪ M: +49 (0) 1627 514508

Steuernummer: 123/211/10256 ▪ USt-IdNr: DE254728981 ▪ Geschäftsführer Jen Dickinson